

# **CROWTHORNE YOUTH TRIALS CLUB Ltd**

## **HEALTH & SAFETY POLICY**

### **Mission Statement:**

It is our aim:-

- To provide adequate control of the health and safety risks arising from motorsport activities
- To consult with our riders and guardians on matters which may affect their health and safety
- To provide and maintain safe working machines and giving as much advice as possible – *Scrutineering bikes prior to trials*
- To provide information, instructions, guidance and provide adequate supervision of all Sections.
- To provide observers which are competent to do their tasks and give them adequate training if required

### **General Rules**

#### **Car Park**

The car park is not a practise area and bikes should not be started prior to trial commencement unless instructed to do so by the person scrutineering.

#### **Riding During Trial**

It is the guardian's responsibility to look after the rider during the duration of the trial. If the guardian is observing, the rider can go round with an adult rider or with another rider's guardian, who is happy to look after the rider.

Please keep to a walking pace whilst in-between sections. Accidents at speed can be lethal

#### **Sections**

The Observer is in charge of the sections and unless told to do so, you must not ride in or through a section without prior permission.

#### **Observers**

These are volunteers but they have to be competent to observe. If you are observing for the first time, it is recommended to do so with someone who has observed before.

## **Practice Areas**

Unless there are observed designated practise areas, please do not practise in between sections without supervision from a guardian. The last thing we want is for one of you to get hurt in the middle of the woods with nobody around.

Protective clothing

This **MUST** consist of the following

- Half face approved helmet
- Motorcycle boots which protect the shins (no trainers or ankle boots)
- Suitable trousers which must be tucked into boots
- Long sleeve shirt (not short sleeved)
- Gloves (not fingerless)

## **Taped off areas**

If areas of the grounds where the trial is commencing are taped off, this is for a reason, please do not ride in these areas.

## **Scrutineering checks**

Your bike and protective clothing (boots, and helmet) will be checked prior to any trial.

This consists of:

- Helmet check
- Boots check
- Tyre pressure
- Chain
- Wheel bearing
- Kill switch – cannot ride without one
- Front and rear brakes

Please note: - Crowthorne Youth Trials Club takes no responsibility for injuries picked up from Motorcycle trials. Motor sport can be dangerous and you compete on your own risk. We will however do what ever is possible to ensure a safe environment.

Whilst riding please bear all this in mind and enjoy yourselves.

Roger Farmer

Chairman  
Crowthorne Youth Trials Club Ltd

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I . . . . . have read the health and safety policy and are happy to abide by the rules and regulations set out by Crowthorne Youth Trials Club Ltd

Rider  
Signed:

Date:

Guardian  
Signed:

Date: